

Special Co-Facilitator at Support Group

Aromatherapy for Care Partners

With Kimla Stewart, RN, HN-BC, CHTP

Presented by Vitas Healthcare

Kimla Stewart is a highly skilled Holistic nurse with over 30 years of experience in a hospice setting. She has conducted education and compliance training for Vitas staff and volunteers. Areas of discussion will include:

- *Learn what authentic Aromatherapy is & is not*
- *Know the difference between synthetic fragrance & essential oils*
- *Experience the captivating fragrance of essential oils of lavender & orange*
- *Be transformed by soft, gentle touch techniques that communicate care & comfort*
- *Learn holistic health concepts for managing stress & stressful situations*
- *Become re-vitalized by nature*
- *Understand how to use essential oils safely*

Thursday, June 22, 2017

10:00 a.m.-11:30 a.m. in Suite 33

**Alzheimer's Support Network
Care Partner's Resource Center**